



WOMEN₃₆₀

ONLINE Workshops

Week #8

May 11th - May 15th, 2020
9-10am

Join us for a week of Christian education & encouraging fellowship amidst this stressful time. Every morning at 9am we will gather in an opening prayer and Zoom into our Zoommeeting with some special guest speakers as mentioned below:

Link to Join Zoom Meetings- <https://us04web.zoom.us/j/9127494464> Password: John316

RSVP by Monday, May 11th for Luscious Lips by Mary Kay on Thursday, May 14th
<https://forms.gle/m87Xqe4Xb7EneVMV9>

Mon, May 11th **Faith Art Journaling- Gifts of the Spirit (Basic Drawing/Coloring Supplies)**
By Genevieve Pared; JOY Ladies Ministry @ New Testament Baptist Church

Tues, May 12th
9am Prayer and Fellowship
2pm **Essential Oils Made Easy- Introduction to Essential Oils**
Guest Speaker Jennifer Buonassi; doTerra Essential Oils

Wed, May 13th **Wellness Wednesday- 7 Minute Workout with Arm Bonus**
She girds herself with strength And makes her arms strong. Proverbs 31:17
Guest Speaker Jessica Nurquez; Sports Medicine Athletic Trainer

Thurs, May 14th **Luscious Lips Beauty Experience**
Set a guard, O Lord, over my mouth; keep watch over the door of my lips! Psalm 141:3
Guest Speaker J'Nay Mantecon; Mary Kay RSVP by Monday May 11th at
<https://forms.gle/m87Xqe4Xb7EneVMV9>

Fri, May 15th **Luke Bible Study; Week 4, Luke 6:17-9:50**
by Genevieve Pared;
JOY Ladies Ministry @ New Testament Baptist Church